

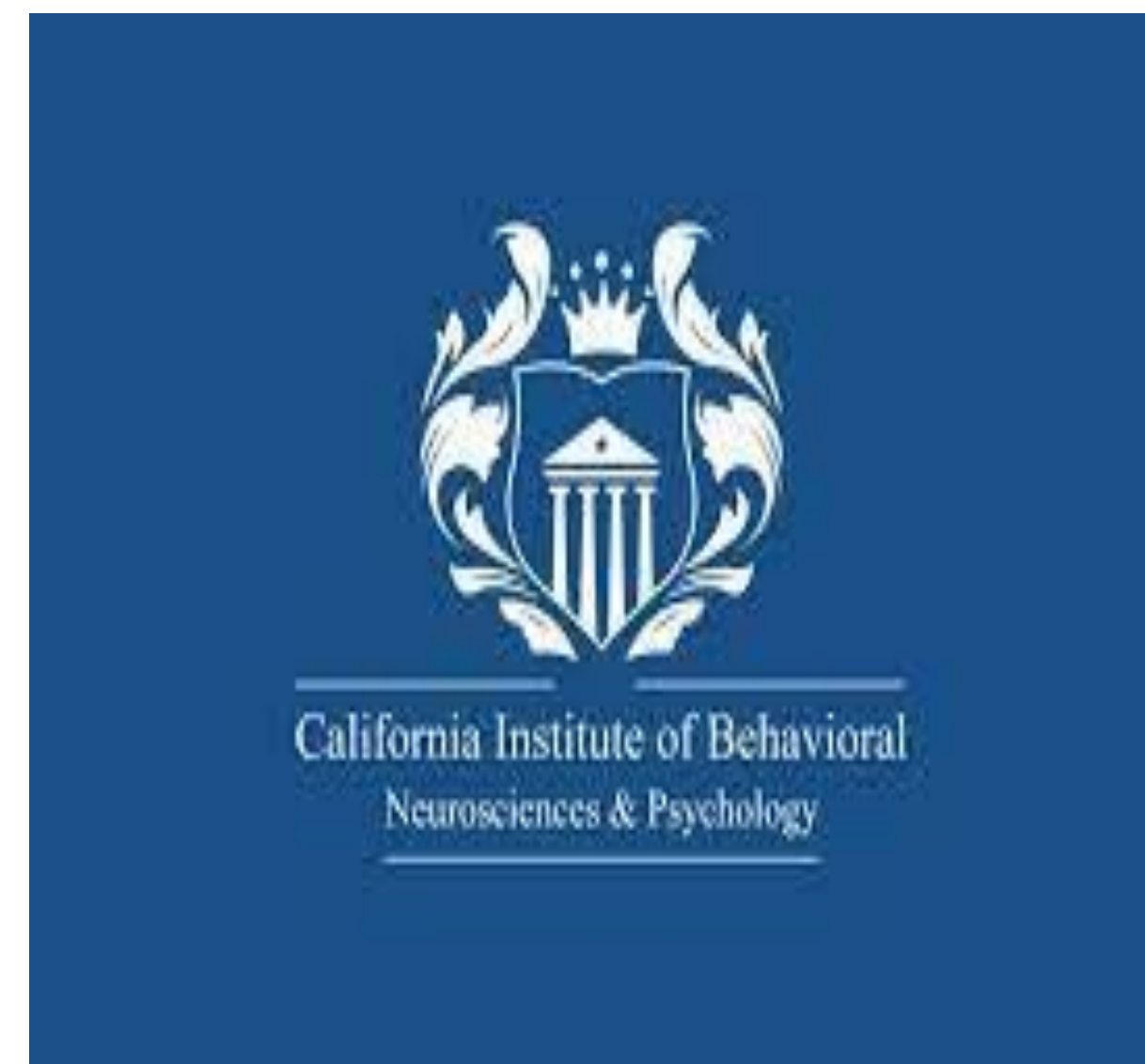


Crafting Your Journey: Insights for Enhancing Internal Medicine Residency Match Odds.

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Introduction

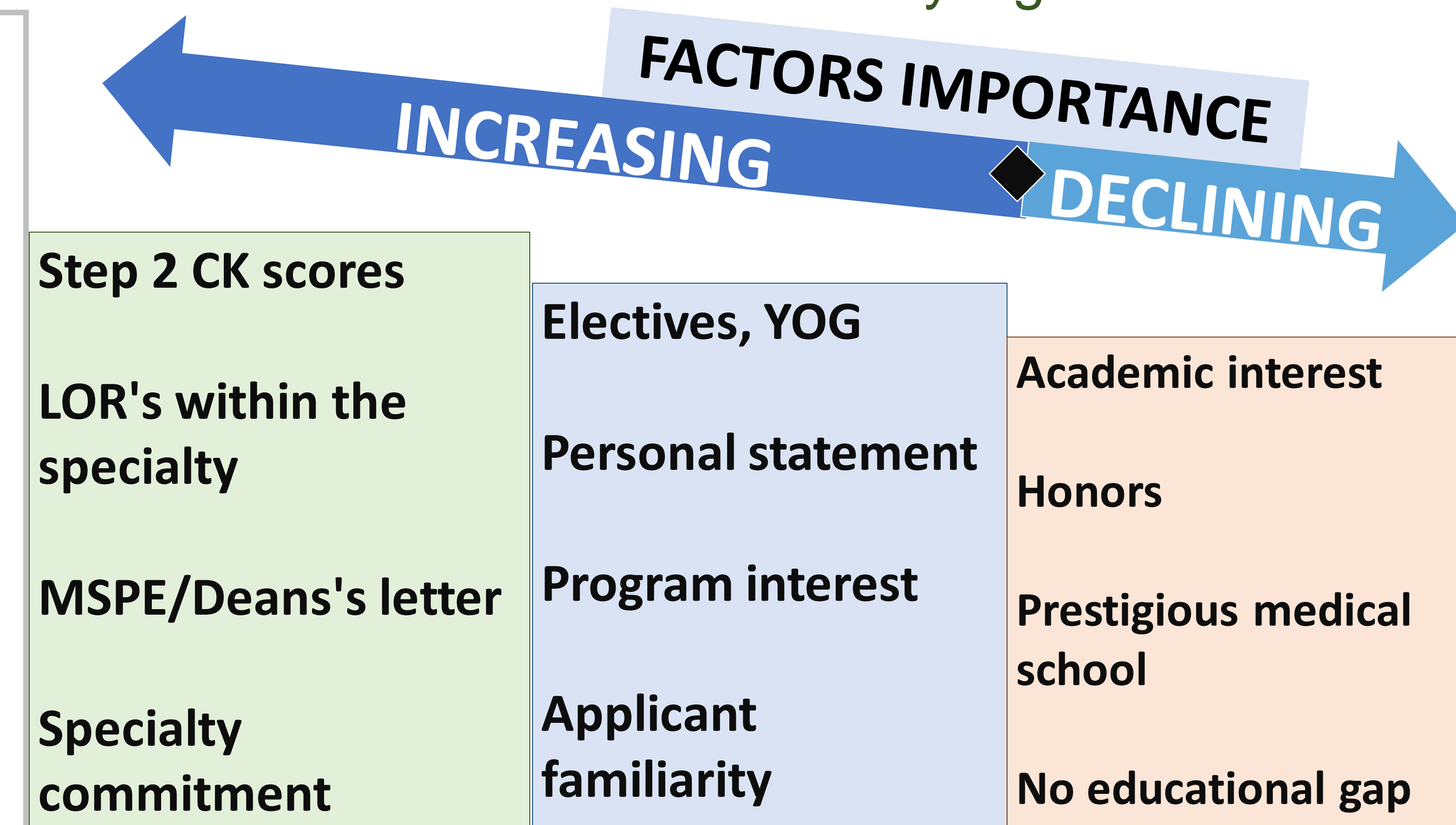
Along with academic excellence, Internal Medicine (IM) residency demands strategic planning and a deep understanding of how to distinguish yourself from numerous other competing candidates. The intricate application enhances your chances of matching into the residency program.

Methodology

In developing the poster, a meticulous search strategy was devised, encompassing keywords like "IM National Resident Matching Program (NRMP) match 2023," "Scores," "Research," and "Personal Statement." This strategy spanned databases like PubMed, Google Scholar, and other official websites, facilitating the retrieval of diverse and reliable data.

Discussion

The main aim is to unravel key factors and actionable recommendations that aspiring non-US International Medical Graduates (IMGs) can leverage.

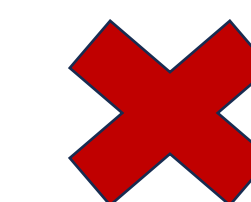


Personal Statement:



DO's

DONT's

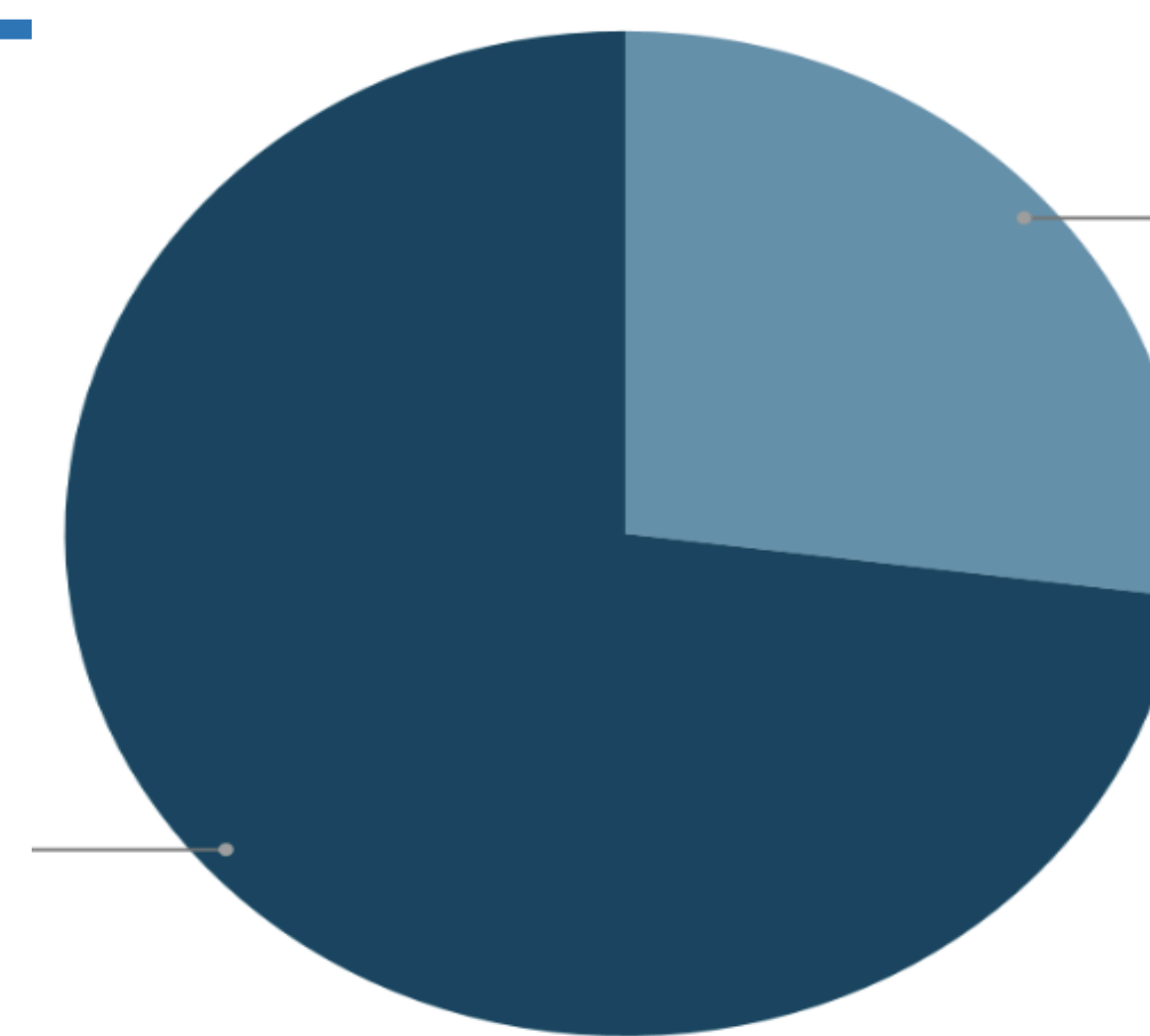


- Well-Structuring.
- Showcasing distinctive qualities.
- Alignment with program.
- Proving strong program fit.

- Expressing disinterest
- Emphasizing negative personal traits

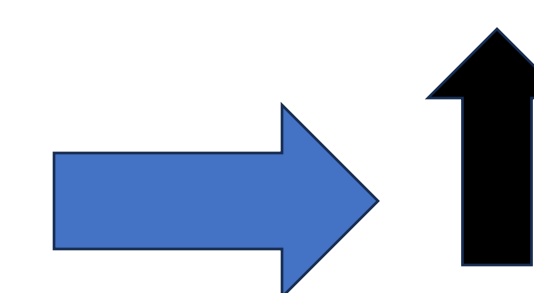
Research Experience:

27% of interviews considered research work irrespective of specialty, publication status, or topic.



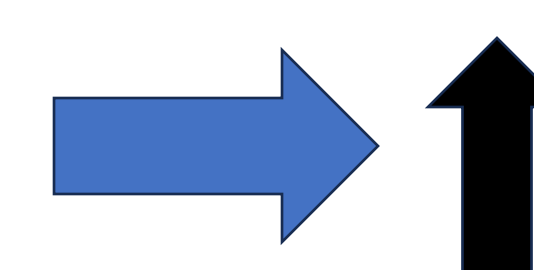
Geographical Preference & Signaling:

INTERVIEW INVITES



3.2 times

MATCHING RATES



6.4 times

Other Considerable factors:

Positive Impact

- Younger age
- High-income country origin
- Fewer prior match attempts
- Single specialty of interest
- Extreme family income levels

No Impact

- Gender
- Personal income

Conclusion

This poster sheds light on crucial aspects for the non-US IMGs, emphasizing on

- Factors influencing interviews.
- The personal statement structuring.
- The impact of research experiences.
- The Importance of geographical preference and signaling.

This comprehensive understanding equips aspiring candidates with valuable insights to navigate the complex journey.

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