

Making Matching into Internal Medicine easier for IMGs like us!

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INTRODUCTION

There were 9380 internal medicine positions, out of which 8915 were filled for the year 2022. The number of non-U.S. IMGs who applied was 4200, out of which 2435 matched in 2022, with an increase of 215 positions from 2021. The highest IMG applicants were from India, followed by Pakistan, and finally, the Middle Eastern countries, of which Egypt has the highest number of IMGs.

METHODS

This research analyses data from the National Resident Matching Program (NRMP) 2022 Main Residency Match Results and Data.

This data consists of the total number of Main Residency Match applicants as well as the total number of matched applicants across various specialties, including U.S. International Medical Graduates and non-U.S. International Medical Graduates.

To approximate the total number of IMGs that applied and the total number of IMGs that matched into Internal Medicine through the NRMP during the 2022 Main Residency Match, we used the data presented to us in *Table 2* and *Table 12* of the National Resident Matching Program (NRMP) 2022 Main Residency Match Results and Data.

DISCUSSION

The following have been commonly seen and done among the applicants every year, which help in increasing the rate of IMGs matching into Internal Medicine:

1. There has been greater importance placed on Step 2 Clinical Knowledge exam, personal knowledge of the applicant, clerkship grades, and clinical electives.
2. Program directors were found to prioritize the quality of letters of recommendation over quantity.
3. Advisors encouraged students to take a medicine sub-internship, a Critical Care rotation, and an Internal Medicine clinical rotation
4. Having an advanced degree (MPH/home country residency) has been associated with higher patient-level assessments (physician listens, the physician explains, etc.) and more experience.
5. Results show that completing step 3 before residency also has been helping IMGs to get more interviews and therefore increased the chance of matching.

ACKNOWLEDGEMENT

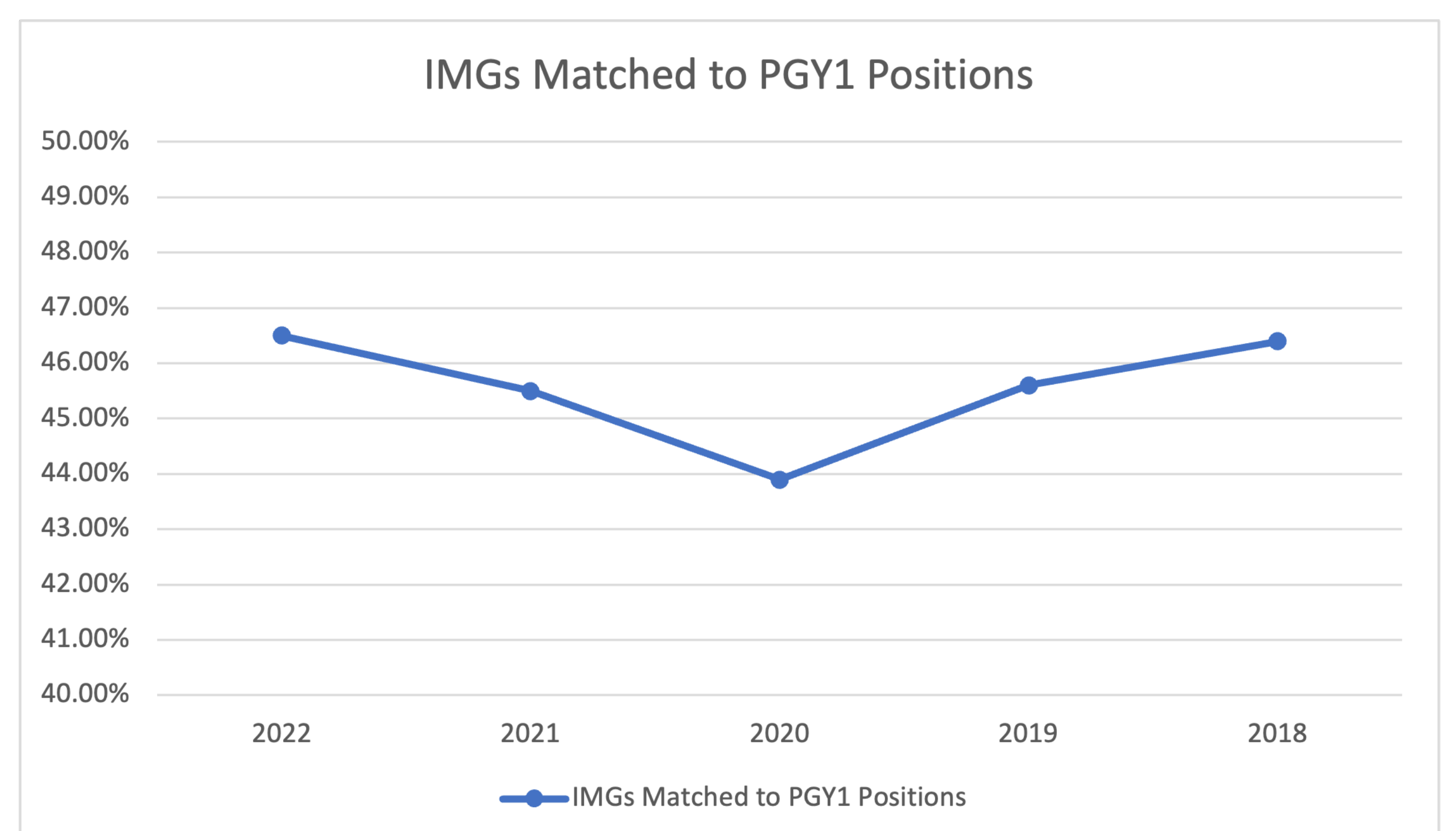
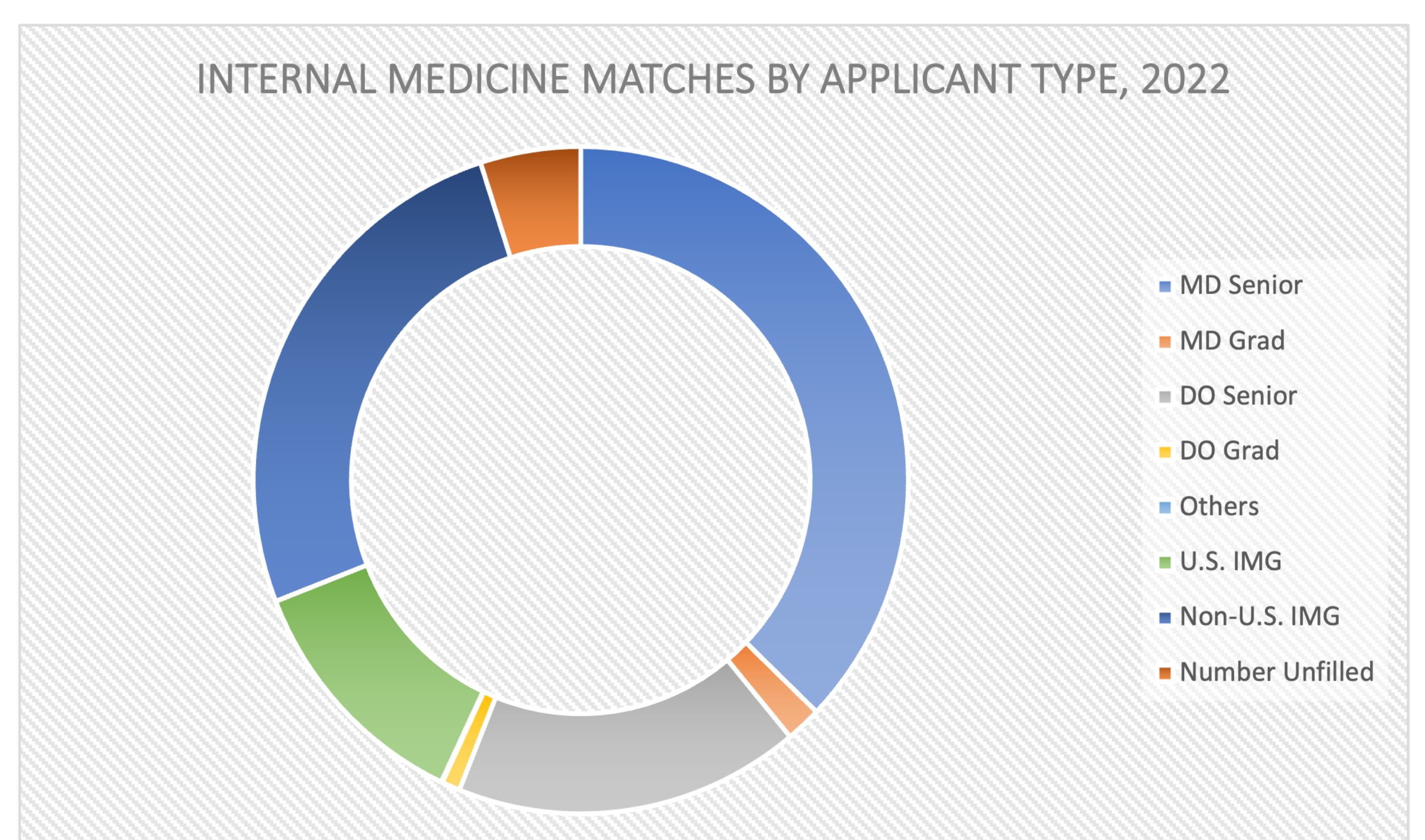
This poster was done with the help of Dr.Hassan Tohid



RESULTS

Fewer U.S. citizen and non-U.S. citizen students and graduates of international medical schools (IMGs) registered for the Match than in 2021.

A total of 9380 positions (25.9%) were available in Internal Medicine (Categorical), of which US IMGs filled 1133 positions, and non-US IMGs filled 2435 positions.



CONCLUSION

IMGs as a whole filled 3568 positions for a match rate of 46.5%, with an increase in match rate by 1% from 2021 (45.5% match rate). There has been a steady 0.2 percent increase on average in the match process every year for the past five years.

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